

Winter Riding Tips

Riding thru the winter can be a challenge, but with the right pieces in place, it's not that hard. 25 degrees is our cut off for riding, or if there is a storm and the roads are bad. CHECK with me, as sometimes the weather here is different. Text 414-379-2314, 8am to 8pm only please.

Remember that layers are the way to go! Long underwear under fleece breeches (pronounced 'britches') will keep you (or your child) warm and toasty.

Socks- Those little nylon footies everyone seems to wear will REALLY not cut it in winter! Once they get wet(sweating while you are in the car) they will actually make your feet colder. Same with cotton. Invest in some wool/wool blend riding, camping, hiking or hunting socks! If it's really cold, maybe 2 pair.

Remember that we need to see your (child's) back, shoulders and neck, so a thick, bulky coat or jacket with a hood, isn't the best idea. They can wear it to go get their horse, but for riding, please make sure they have enough LAYERS that they can take the bulky coat off. Again, start with a base layer of some non-cotton long underwear or turtleneck. Then maybe another long sleeved pullover, then maybe a vest, or another jacket that is still form fitting. Please don't make the last layer loose and oversized. This can also be a safety issue, as we don't want clothing getting caught on any part of the saddle/horse.

No scarves, but a neck gaiter is a great idea.

Riding gloves or riding mittens(thumb and pinky fingers are separate, with leather reinforcement where the reins are held) are the best choice.

<https://www.equestriancollections.com/ladies-riding-apparel/ladies-riding-gloves/winter-riding-gloves>

There are also helmet covers that some riders like:

<https://www.equestriancollections.com/rider-riding-gear/riding-helmets-accessories/riding-helmet-accessories/tough-1-winter-fleece-helmet-cover>

Other websites to check out are : Statelinetack.com, Ridingwarehouse.com, Doversaddlery.com, Chicksaddlery.com/weather-gear, to name just a few. Still have questions? Email me at Lia@steppingstonefarms.org